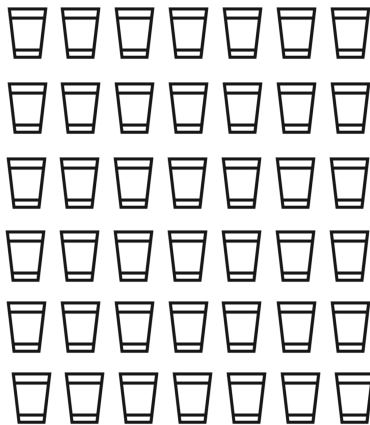


REINVENTION REQUIRES ENERGY

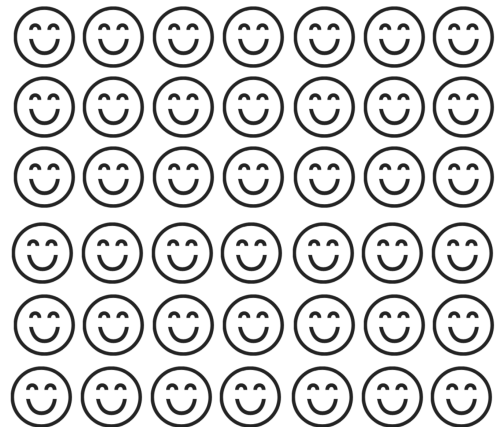
# 4 HABITS CHALLENGE



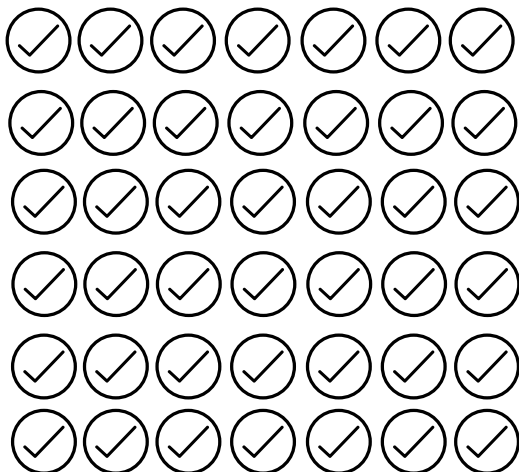
**A GLASS OF WATER  
AFTER YOU WAKE UP**



**10,000 STEPS  
A DAY**



**NOURISHING FOOD**



**QUIET TIME**

